

MY CAMP CHECKLIST



WELCOME TO FALCON ROCK'S ADVENTURE CENTRE!

We're looking forward to your visit and assure you of a 'getting back to nature' experience.
Please ask your parents/guardians to help you with your gear checklist.

- One roll of Toilet Paper.**
- A warm sleeping bag, warm blanket & pillow.**
(You will be sleeping in dormitories and tents - nights can become very cold)
- Comfortable clothing for outdoors.**
Preferably clothing that you don't mind getting dirty. Bring an extra 3 sets of clothing, as you will get wet/dirty and may need the extra clothing. It gets cold at night when camping, so ensure enough very warm clothing/sleepwear (Warm jacket and beanie recommended)
- Towel for Shower and Swimming, toiletries & Personal Medicines.**
- Your own mug, knife, fork, spoon, plate & bowl.**
(Plastic is best, marked with your name)
- A hat or cap, Sunscreen and Water bottle.**
- Comfortable hiking shoes or takkies (and slops if you wish)**
- Swim suites/Costume/Board shorts for swimming.**
- Notebook or Journal and a pen.**
- A good Torch.**
(It gets really dark out here so you'll need a torch for lighting your way around the camp site. You'll also need it for the exciting night hike.)
- A pocket knife, candle and an empty 2L bottle.**
(normal white candle & normal 2l coke bottle or similar. We'll use these to craft lanterns and walking sticks.)
- Pocket money for tuckshop.**
- AND LASTLY, ... a sense of adventure!**

Important Information for Parents and Guardians.

* Mobile Phones have limited reception due to the camp being located on the side of the mountain under the Ladys Slipper. For emergency purposes your parents/guardians may use either of these numbers 083 327 3456 / 041-956 0151.

* To get our exact location, simply type "FALCON ROCK" into google maps on your phone.

* Remember to disclose **any, and all medical information** to your camp organisers/teachers which may have an impact on your child's wellbeing.